

## Sizing Chart: Men's Clothing

**When measuring, keep tape snug but not tight.**

**Neck:** Measure around the base of the neck allowing for a comfortable fit, or measure a shirt collar that fits you well. To measure a shirt, lay collar flat and measure from button to button hole at the far end.

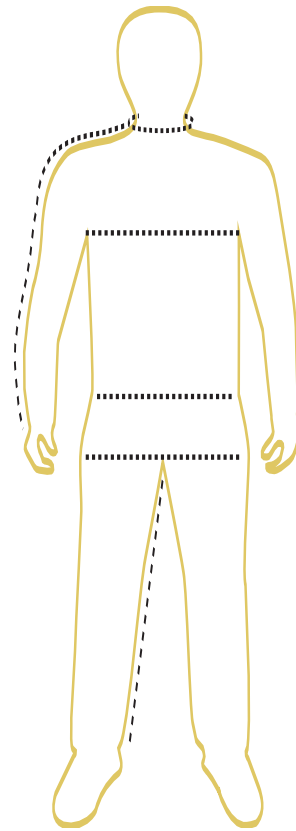
**Chest:** With arms relaxed at sides, measure around the largest part of the chest and shoulder blades.

**Sleeves:** Measure from center back at neck base along shoulder and down arm to wrist with a slightly bent elbow.

**Waist:** Measure around waist at narrowest point.

**Inseam:** Measure from base of crotch down inside of leg to desired pant length.

**Men's Tall:** Extra 2" added to body and 1 1/2" sleeve length.



### Men's Regular 5'8" to 6'0" / Men's Tall 6'0" to 6'4"

#### Measurements (inches)

Size	Neck	Chest	Waist	Sleeve
S	14 - 14 1/2	34 - 36	28 - 30	32 1/2 - 33
M	15 - 15 1/2	38 - 40	32 - 34	33 1/2 - 34
L	16 - 16 1/2	42 - 44	36 - 38	34 1/2 - 35
XL	17 - 17 1/2	46 - 48	40 - 42	35 1/2 - 36
2XL	18 - 18 1/2	50 - 52	44 - 46	36 1/2 - 37
3XL	19 - 19 1/2	54 - 56	48 - 50	37 - 37 1/2
4XL	20 - 20 1/2	58 - 60	52 - 54	37 1/2 - 38
5XL	21 - 21 1/2	62 - 64	56 - 58	38 - 38 1/2

#### Measurements (centimeters)

Size	Neck	Chest	Waist	Sleeve
S	35.53 - 36.83	86.36 - 91.44	71.12 - 76.20	82.55 - 83.82
M	38.10 - 39.37	96.52 - 101.6	81.28 - 86.36	85.09 - 86.36
L	40.64 - 41.91	106.68 - 111.76	91.44 - 96.52	87.63 - 88.90
XL	43.18 - 44.45	116.84 - 121.92	101.6 - 106.68	90.17 - 91.44
2XL	45.72 - 46.99	127 - 132.08	111.76 - 116.84	92.71 - 93.98
3XL	48.26 - 49.53	137.16 - 142.24	121.92 - 127.00	93.98 - 95.25
4XL	50.80 - 52.07	147.32 - 152.40	132.08 - 137.16	95.25 - 96.52
5XL	53.34 - 54.61	157.48 - 162.56	142.24 - 147.32	96.52 - 97.79